



## **Intent Statement: Pupils' Health and Wellbeing**

As a Unicef Rights Respecting School, we recognise that pupils' health and wellbeing underpins their ability to focus on learning. Therefore we have a responsibility, as well as a moral duty, to support our children in this way. We understand that no child can learn to the best of their ability unless their mental, physical and social wellbeing is nurtured. Working together, our aim is to help our pupils become resilient young people who can face their difficulties, know and use strategies to overcome them.

Our intention is that Godwin pupils will be able to demonstrate the Learning Power of Considering Choices and recognise the impact of personal choice and lifestyle on their own mental, physical and social wellbeing. In addition, they will begin to accept responsibility for their own and others' health and wellbeing. In order to do so, they need to be able to identify areas of risk to mental, physical and social health so that these can be minimised and managed appropriately.

In promoting the British Value of Mutual Respect, we seek to establish a culture of care and concern across the whole school community. A safe environment is created where everyone feels valued and able to confidently talk about wellbeing and mental health, supporting others when they may be struggling. In achieving this, key aspects of our School Vision become a reality.

At Godwin Junior School our community will be able to identify that we constantly strive to be a healthy and happy place where mental, physical and social wellbeing are at the heart of our ethos and practice.