

# Godwin Newsletter 9th October 2020

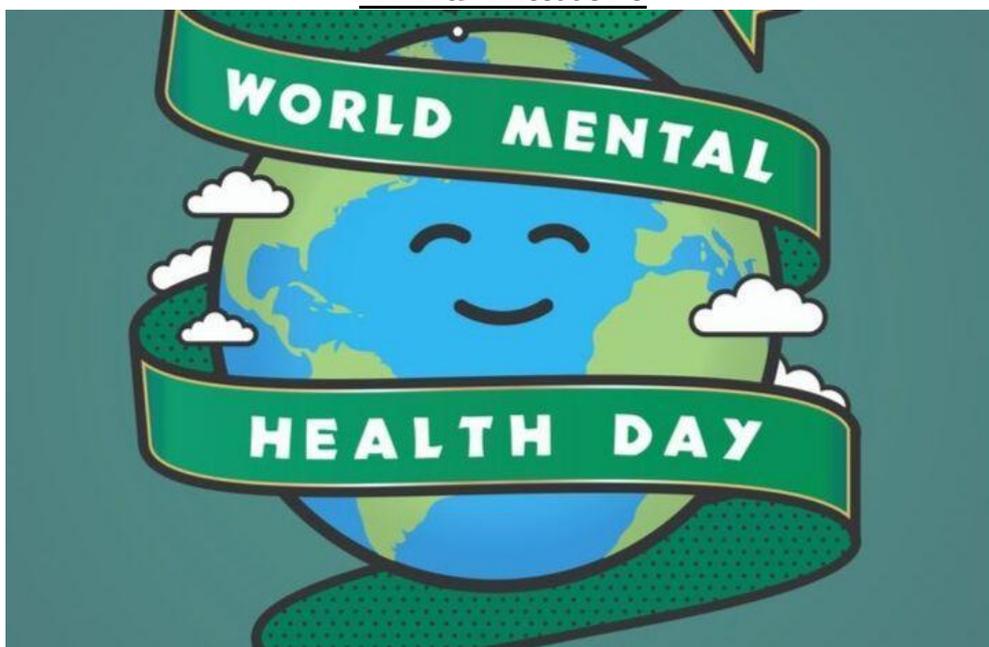
## Head Teacher's Report

Tomorrow is World Mental Health Day and after everything that we have been through in the last months, this occasion is more important than ever.

The months of lockdown and loss have had a huge impact on our mental health. Research from the charity MIND found that 60% of adults and 68% of young people said their mental health got worse during this difficult period. Many people have developed new mental health problems as a result of the pandemic and, for others, existing mental health problems have become worse.

Making positive change can seem so hard and sometimes it can be hard to know where to start.

Please do take time to look after yourself and go to this website for ideas and support: <https://www.nhs.uk/oneyou/every-mind-matters>



**UNCRC Article 24: Every child has the right to the best possible health.**

**Sustainable Development Goal 3: Ensure healthy lives and promote well-being for all at all ages.**

## Parent/Carer Conferences

Wednesday 21<sup>st</sup> October & Thursday 22<sup>nd</sup> October

You should have received a letter this week inviting you to book an appointment slot for your 10 minute telephone conversation with your child's class teacher.

If you have not already returned your form with a preferred time, please do so as soon as possible.

Thank you.



## Forest Gate Community Garden

October opening times:

Friday/Saturday - 10am – 3.00pm

Sunday – 10am – 12noon

Pop in to say 'Hello' or get involved by volunteering to help the community and garden grow!



Congratulations to Forest Gate Community Garden –  
2020 Rotary Club winners of the award for:  
'Outstanding Project for Environmental Sustainability'

UNCRC Article 31: every child has the right to relax, play and take part in a wide range of activities.

## Harvest Time at Godwin

Traditionally at this time of year we are mindful of how fortunate most of us are to have such a huge variety of readily available food.

It is always good to take stock and remember that we live in a community where there are those who struggle to provide even the most basic daily needs for their families, who need our help.

With this in mind, once again this year our Harvest Collection will be on behalf of RAMP – a local outreach project who support migrants, asylum seekers and refugees who are destitute or facing destitution.

As you do your weekly shop maybe you could add an extra item to donate to this very worthy project.

Suggested items –

Teabags, rice, cereal, flour, biscuits, baby formula, tinned foods, pasta, baby nappies & wipes, small bottles of cooking oil, sanitary products, sugar and instant noodles.

There will be collection areas at the Cranmer and Godwin Road school gates from Monday morning.

Please be generous – thank you!



UNCRC Article 27: Every child has the right to a standard of living that is good enough to meet their needs

Sustainable Development Goal 2: To end hunger and ensure access to safe, nutritious and sufficient food.

## Achievement Awards

3B – Oskar for using his learning powers really well this week in class.

3K – Ayla for working collaboratively with her learning partner.

3M – Ibnat for evaluating her work and making improvements to it.

3Q – Christian for articulating his ideas and settling into class 3Q well.

4B – Aisha for evaluating and reflecting in her maths learning to explain her reasoning.

4I – Rhea for showing perseverance and trying her best in all subjects.

4T – Luca for making considered choices and settling well into his new class.

4V – Yeasin for persevering with his learning in English.

5K – Haroon for always persevering in English and thinking of fantastic similes.

5S – Talha for making great choices about his learning and getting the most out of it.

5T – Sacha for taking pride in both his online and classroom work as well as being curious in his learning.

5Y – Mirah for producing a great piece of writing by persevering when evaluating her work.

6W – Reon for persevering with his learning and understanding place value.

6B – Taran for embracing mistakes and persevering to improve his work, particularly in writing.

6Z – Sylvie for perseverance and sharing her writing with the class.

6J – Alex for making choices that have resulted in great learning.

*Congratulations!*