

Head Teacher's Message

NEWHAM LEARNING

Well done to our Year 6 children who have persevered through the national KS2 SATs this week. We were really impressed by the calm way in which they approached the tests and supported each other. It was lovely to have so many of them attend our SATs breakfasts this week - a great way to start each day!

The school calendars for this year and next year are included again in the newsletter. Important dates to share with you are:





Next week is Mental Health Awareness Week, but here at Godwin we decided to get a head start. All this week, children have been involved in assemblies led by their teachers, discussing this important topic.

Each class has discussed what good mental health looks like and discussed why it is so important to talk to and be supported by our loved ones when we are not feeling our best. Teachers shared the signs of poor mental health as well as strategies that can help.

Today, each child will be bringing home a biodegradable balloon to remind them of one of the key messages of their discussions: Share your worries with a trusted adult and you'll feel as light as a balloon!

We hope this will help to facilitate further discussions at home.





Bricks for Books

Godwin pupils, younger and older siblings and even parents and carers can add their name to our colourful graffiti wall outside the library. What a fantastic way to leave your mark and support our children's love of reading.

Next week, come along during parent/carer conferences on Tuesday (3:25pm - 5:50pm) to add yours for £2.50.

<u>Gardening Plea</u>

The children will shortly be planting sunflowers, which are sure to look beautiful. However, we are in need of pots to plant them all! Any and all unwanted plant pots gratefully received at the school gates.

Reading Competition

This week our lucky winner was Abisha from 3B.



Please see the next set of challenges below. These entry forms are available in each classroom.



This week's challenges are														
Read a book which was published before you were born. (The 'first published' date can be found inside the book, on the first few pages)	Read something by a new author (new to you).	Talk to a grown up at home about their favourite books.												

Fill in the boxes to show how you met each challenge then hand this entry form to Ms Smith before Friday 19th May for a chance to win.

COME TOGETHER TO CELEBRATE

11:30 – 12:30 Crafts using upcycled goods 1 -2pm A wonderful collection of song/opera by one of Forest Gate's finest, *Xine* 2-3pm Installation of the fabulous new mural on Sebert Poad

2-3pm Installation of the fabulous new mural on Sebert Road

SATURDAY **13TH** MAY

WOODGRANGE MARKETPLACE

Woodgrange Road/Sebert Road, Forest Gate, E7



Please come along for an afternoon of free entertainment, fun & spend time with our great community!

MORE INFORMATION:

https://m.facebook.com/Eco7ForestGate/



Mental Health Awareness Week (MHAW) is an annual campaign to raise awareness and promote good mental well-being. This year's theme is anxiety, which affects many people, including children and young people. Anxiety can cause feelings of fear, worry, and nervousness, and it can impact daily life.

Article 24 states that every child has the right to the best possible health. Article 29 emphasises the right to an education that develops the child's personality, talents, and mental abilities to their fullest potential. By promoting mental health awareness and giving opportunities to learn how to cope with anxiety, we can ensure everyone receives the support they need to thrive, such as breathing, listening to music, drawing and talking to someone trusted.

SDG 3 promotes good health and well-being for all, including mental health. By addressing anxiety and promoting mental well-being, we can contribute to achieving this global goal. What techniques do you use when you feel anxious?

<u>Mindfulness Corner</u>

Every Friday we will share a link to a different group or organisation with resources for mental health and wellbeing. (Just so you know, we are not endorsing any particular site nor are we ambassadors for it - but we are simply providing pointers towards sites that might be interesting/helpful).



This week we feature mental health support from Young Minds: https://www.youngminds.org.uk/

"If you have only one smile in you, give it to the people you love." Maya Angelou

WEARE SEND. WEARE NEWHAM.



The new dates for Send Surgery this term are:

Wednesday 19th April - Online Evening Surgery (Cut off time to book slots is Monday 4pm) https://www.eventbrite.co.uk/e/596982158707

Wednesday 17th May - In Person at Tunmarsh Centre https://www.eventbrite.co.uk/e/596978908987

Wednesday 21st June - In Person at Tunmarsh Centre https://www.eventbrite.co.uk/e/597924096067

Each link will go live after the prior surgery date passes, however if you have any queries, please email: SendSurgery@newham.gov.uk We look forward to welcoming you!

Please note that June's link will not be live until after May's Surgery date passes.





WE ARE ACTIVE.

WEARE NEWHAM.

MAY HALF TERM PROGRAMME

Free activities for children and young people this halfterm! Come and try a variety of activities. Sessions include Cricket, Baseball, Free Running and Flag Football!



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DATES:

Tuesday 30 May – Friday 2 June

TIMES/AGES:

12pm-2pm – 5-11 years 2pm-4pm – 12-16 years

VENUES:

• **Central Park,** High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

• **Stratford Park**, West Ham Lane, Stratford E15 4PT

MEETING POINT: Covered MUGA area • Keir Hardie Recreation Ground, Tarling Road, Canning Town E16 1LQ MEETING POINT: Old Changing Rooms • Plashet Park, Woodhouse Grove, E12 6SR MEETING POINT: Outside Bowls Club

• Royal Docks Activity Centre, 1012 Dockside Road, E16 2QT

To book: https://tinyurl.com/NewhamWhitsunActivity

For more information: sports@activenewham.org or 07741 293506





MAY HALF TERM PROGRAMME

INCLUSIVE ACTIVITY

A variety of free taster sessions in a range of sports for children and young people with disabilities.

DATES:

Tuesday 30 & Wednesday 31 May

TIME: 12pm-2pm

VENUE: Stratford Park, West Ham Lane, Stratford E15 4PT

AGE: 8+ years

ROWING

The session is aimed at complete beginners, taking participants through land training exercises, equipment handling and on-water rowing boats.

DATES:

Tuesday 30 May, Thursday 1 & Friday 2 June **TIME:** 10am-11.30am, 12pm-1.30pm **VENUE:** Royal Docks Adventure, 1012 Dockside Rd, E16 2QT **AGE:** 12-16 years

MINI ACTIVITIES

Introducing your little ones to sport can be great fun. Come along and try our Mini activity offer including: Mini Tennis, Mini Kickers and Mini Dance!

DATES:

Tuesday 30 May - Friday 2 June

TIME: 11am-12pm

VENUES:

• **Central Park,** High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

• Keir Hardie Recreation Ground, Tarling Road, Canning Town E16 1LQ

- MEETING POINT: Old Changing Rooms
- **Plashet Park**, Woodhouse Grove, E12 6SR MEETING POINT: Outside Bowls Club
- Royal Docks Activity Centre,
- 1012 Dockside Road, E16 2QT

AGE: 3-5 years



To book: https://tinyurl.com/NewhamWhitsunActivity For more information: sports@activenewham.org or 07741 293506

Reading volunteers

Are you able to spare some time to read with children who need extra support?

Reading volunteers make a huge difference to children who are not yet confident readers or who don't have an adult to regularly read with at home.

Cathy, who has been reading with our children this year, wanted to share her experience with you:

Many years ago, my local primary school appealed for adult helpers to listen to children read. Once a week I would pop around the front of the school, after seeing my own children in through the playground.

An hour of sitting listening to children read their reading book: children who, due to a variety of circumstances, did not have anyone to listen to them at home; children who stumbled through and just needed a patient, nonjudgemental ear to let them make mistakes and learn to correct themselves; children who were growing in confidence and just needed the practice and encouragement to help them fly. It was an hour well spent – for them and for me. Volunteering is always good for mental health (especially when you are home-based) and helping children can always bring a smile to your face.





I not only enjoyed it, it also allowed me to feel part of the school – always important when your own children spend so much time there. My children also directly benefitted – even now they still remember feeling proud that their mum was helping in the school (and the eldest is over 35!) and I think it helped the younger one settle in more happily.

The other benefit was – it gave me the confidence to change profession and work in schools myself! I became a mentor, then a TA and then took the plunge into university and teacher training – a career I loved!

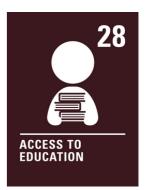
I absolutely recommend that you give it a go – whether mum, dad, carer, grandparent or whoever. For not much outlay – perhaps just one hour a week – there is so much to gain ... and to give!

If you are able to make a regular commitment to helping Godwin children with their reading, please email us and we will be in touch: info@godwin.newham.sch.uk

Punctuality and Attendance

CLASS	ATTENDANCE	CLASS	ATTENDANCE
3B	97%	5M	94%
31	99%	5J	98%
ЗK	93%	5V	94%
3Z	93%	60	100%
4Z	88%	6K	85%
4K	98%	6B	95%
4T	94%	6W	100%
4Y	89%	total	94%

for the week beginning 1st May



Lots of classes met our attendance target again last week. Thank you to everyone who is working hard to get children here every day.

Massive congratulations to 6O and 6W; both classes managed a perfect 100%.

5V, 6K and 6O all won the punctuality cup with everyone on time all week. Fantastic!





This week's winners are: 4T, 5M and 5J Congratulations!







Tuesday 16th May 2023 CALL US: 07495021062

NEWHAM PARENT CARER FORUM

Newham Parent Carer Forum is inviting you to our monthly coffee morning for 2023.

10 AM -12 PM

Jessica Juon – 10:15 to 10:45 Head of SEND

- Updates on SEND
- Update on the changes of Newham Parent Carer Forum

Meeting ID: 826 0841 0778 Passcode: 491296 SEND Contact Us Line 02033736472

0-25 service

02033733280

CAMHS 02077715888

SENDIASS 02033730707

NHS 111

HELPNEWHAM 02033733799

Newham Parent Forum would like to know what areas our families would like us to cover over the next 6 months

http://www.newham parentforum.co.uk Keep a look out for our wellbeing events

NEWHAM PARENT FORUM

St Marks Community Centre, Room 12, 218 Tollgate Road, Beckton E6 5YA

Tel:07495021062

Email:minfo@newhamparent forum.co.uk Facebook: Newham Parent Forum

Twitter: @NPF_SEND_Parent Instagram: nnewhamparentforum_sen

Newham Local offer.



<u>Achievement Awards</u>

- 3B Abisha: for persevering in her writing this week and making the right choices
- 3K Masud: for writing in full sentences and continuing to persevere
- 3I Gabriel: for being a collaborative partner
- 3Z Ikenna: for persevering in his writing this week
- 4K Shazfa: for persevering whilst writing an imaginative story in English
- 4T-Mahib: for persevering with mathematics work on subtracting fractions
- 4Y Harper: for evaluating her work and making improvements to it

4Z – Safa: for persevering with her writing and for being a supportive learning partner

- 5] Nora: for explaining her reasoning during lesson time
- 5M Aqib: for his fantastic collaboration this week with his learning partner

5V – Bing: for collaborating by following instructions and persevering in all areas of the curriculum

- 6W Maysha: for evaluating her learning in PSHE
- 60 Kitarah: Showing continued perseverance during SATs week
- 6B Isa: for displaying continued perseverance all week
- 6K Furio: for showing hard work and perseverance this week



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