

## Head Teacher's Message

At Godwin, we take safeguarding very seriously and take an active role in supporting our children to know how to help keep themselves as safe as possible. To help mark national Safer Internet Day next Tuesday (8th February), all of our pupils today took part in an assembly around this theme, delivered by Bigfoot Arts Education. The CyberSmart Me show explored the importance of sticking to the SMARTY rules

- S-AFETY: Using safety mechanisms such as privacy settings and passwords.
- M-EAN MACHINES: Understanding what cyber bullying is
- A-WARENESS: Being aware of the dangers of sharing your personal information with others.
- R-ULES: Putting some rules in place so that we can manage our screen time.
- T-ELLING: Knowing when it's time to get support if you witness, say or do anything online that makes you feel uncomfortable.
- Y-OU: Understanding that in order to be Cyber Smart, it has to start and end with YOU.

Next week we will be running a poster competition - details in this newsletter - to help promote this message to everyone in our school community. We would love to receive as many entries as possible so please discuss the theme with your child and encourage them to enter!



# One More Week To Donate.....

## PINK BIN PROJECT



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## LOLA'S HOMELESS

### DONATIONS

DONATIONS FROM THE LIST BELOW WILL BE GIVEN TO 'LOLA'S HOMELESS'.

'LOLA'S HOMELESS' SUPPORT THOSE WHO ARE CURRENTLY HOMELESS AS WELL AS THOSE WHO ARE BEING PUT INTO BASIC ROOMS.

- HATS
- GLOVES
- THICK SOCKS
- NOTEPADS & PENS
- ANTIBAC CLEANING WIPES
- WASHING POWDER
- SOAP
- SHAMPOO & CONDITIONER
- DEODORANT
- NAIL BRUSHES & CLIPPERS
- WET WIPES
- BATH SPONGES & FLANNELS
- COFFEE & LONG LIFE MILK

### FIND OUR PINK BINS

PLEASE PUT ANY DONATIONS IN OUR PINK BINS AT:

*GODWIN JUNIOR SCHOOL,  
CRANMER ROAD  
(MON - FRI)*

*ST. MARK'S CHURCH,  
LORNE ROAD  
(SAT - SUN)*

... BY SUN 20TH FEB

### GET IN TOUCH

IF YOU WOULD LIKE TO FIND OUT MORE ABOUT THE PINK BIN PROJECT PLEASE CONTACT:

BETH.YATES@STMARKSFIRSTGATE.ORG.UK  
07741668495

### BROUGHT TO YOU BY

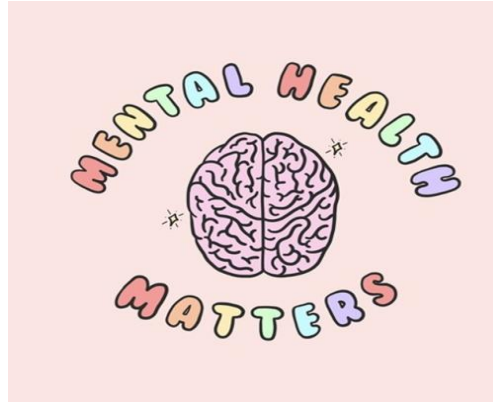
**St.  
Mark's**  
Forest Gate



## Mindfulness Corner

This week we feature:  
**PRINCE'S TRUST – MENTAL HEALTH**

<https://www.princes-trust.org.uk/help-for-young-people/who-else/housing-health-wellbeing/wellbeing/mental-health>



*If you have only one smile in you, give it to the people you love.*  
Maya Angelou

(Please Note: we are not endorsing any particular site nor are we ambassadors for it - but we are merely providing pointers towards sites that might be interesting/helpful).

## Winter Reading Challenge

Newham libraries have extended the Winter Reading Challenge until 20<sup>th</sup> February.

There is still time to take part.

All you need to do is to pop into your local library, take out, read and return three books of your choice.

Children taking part will receive a sticker for each book read and a certificate when they finish!



## **'Cyber Smart Me'**

This week, all pupils have taken part in our Safer Internet Week assembly, entitled 'Cyber Smart Me'. We are calling on all creative pupils to design an attractive A4 poster this weekend, with art supplies or digitally, that showcases all you know about online risks and how to avoid them. The best posters will be featured around our school! Please access [thinkuknow.co.uk](http://thinkuknow.co.uk) for more Cyber Smart ideas.



## **February Half Term Holiday Camp**

14<sup>th</sup> – 18<sup>th</sup> February

9.00am – 3.30pm

Sandringham Primary School

5 – 11 Year Olds

£15.00 per day

To book a place go to [premier-education.com/holiday-camps](http://premier-education.com/holiday-camps)

