



# YOUR MENU @

## GODWIN JUNIOR SCHOOL

Autumn - Winter 2024/25

WEEK I	'Climate Friendly' Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Swedish Plantballs with Jacket Wedges <span>PB</span>	Jacket Potatoes with Cheese <span>V</span> / Beans <span>PB</span>	Hearty Pasta & Mixed Bean Bake <span>PB</span>	Vegetable & Lentil Curry served with Rice <span>PB</span>	Spinach & Feta Whirl with Chips <span>V</span>
Choice 2	Oriental Quorn Stir Fry with Noodles <span>V</span>	Fisherman's Bake	Quorn Fillet & Stuffing served with Roast Potatoes <span>V</span>	Cheese & Tomato Pizza Slice <span>V</span>	Spicy Keema with Raita & Naan Bread
Choice 3	Cool Planet Hot Dog with Jacket Wedges <span>V</span>	Lamb & Lentil Lasagne served with Garlic Bread	Roast Chicken & Stuffing served with Roast Potatoes	Shepherd's Pie	Fish Fingers with Chips
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt with Fruit* <span>V</span>	Banana Slice* <span>V</span> <span>SS</span>	Mango Rice Pudding* <span>V</span> <span>SS</span>	Apple & Cinnamon Crumble with Custard* <span>V</span> <span>SS</span>	Fruit, Jelly with Ice Cream* <span>V</span>
Daily Options	Salad Bar <span>PB</span> Freshly Baked Bread <span>V</span> Fresh Fruit <span>PB</span> Fruit Yoghurt <span>V</span>				

WEEK I

Dates: 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 6<sup>th</sup> Jan, 27<sup>nd</sup> Jan, 24<sup>th</sup> Feb, 17<sup>th</sup> Mar

HALAL MEAT IS SERVED AT THIS SCHOOL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart

\* - (Egg Free Dessert Recipe)



DINEin AND DISCOVER



# YOUR MENU @

## GODWIN JUNIOR SCHOOL

Autumn - Winter 2024/25

WEEK 2	'Climate Friendly' Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	'Planet Friendly' Sausages with Mashed Potatoes <b>PB</b>	Crushed Chickpea & Sweetcorn Mayo Wrap <b>PB</b>	Southern Style Burger in a Bun with Salad <b>PB</b>	Creamy Cauli Mac & Cheese & Peas <b>PB</b>	Quesadilla with Jacket Wedges <b>PB</b>
<b>Choice 2</b>	Cauliflower Bites with Savoury Rice <b>PB</b>	Pasta Bake with Herby Focaccia Slice <b>V</b>	Roast Chicken with Yorkshire Pudding & Roast Potatoes	Golden Spanish Paella <b>PB</b>	Fish in Batter with Jacket Wedges
<b>Choice 3</b>	Jacket Potatoes with Cheese <b>V</b> / Beans <b>PB</b>	Chicken & Vegetable Pie with Mashed Potatoes	Quorn Fillet with Yorkshire Pudding & Roast Potatoes <b>V</b>	Lamb & Vegetable Biryani & Dhal	Tandoori Chicken In Pitta with Salad
<b>Vegetable Selection</b>	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
<b>Dessert of the Day</b>	Strawberry Mousse with Fresh Fruit* <b>V</b>	Fruit Pudding & Custard* <b>V</b>	Fruit Cheesecake* <b>V</b>	Lemon & Courgette Cake with Custard* <b>V</b>	Fruit Trifle* <b>V</b>
<b>Daily Options</b>	Salad Bar <b>PB</b> Freshly Baked Bread <b>V</b> Fresh Fruit <b>PB</b> Fruit Yoghurt <b>V</b>				

**WEEK 2**

**Dates:** 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar

**HALAL MEAT IS SERVED AT THIS SCHOOL**

**KEY:** **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart  
\* - (Egg Free Dessert Recipe)



**DINEin**  
AND DISCOVER



# YOUR MENU @

**GODWIN  
JUNIOR SCHOOL**

----- Autumn - Winter 2024/25 -----

WEEK 3	'Climate Friendly' Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	'Planet Friendly' Burger in a Bun & Jacket Wedges <span>PB</span>	Hearty Brunch with Hash Brown <span>V</span>	Golden 'Toad in the Hole' & Mashed Potatoes <span>V</span>	Chickpea & Sweet Potato Curry with Rice <span>PB</span>	Roast Mediterranean Vegetable Tart with Jacket Wedges <span>PB</span>
<b>Choice 2</b>	Jacket Potatoes with Cheese <span>V</span> / Beans <span>PB</span>	Vegetable Samosa served with Rice & Veg Curry <span>PB</span>	Ratatouille Ravioli <span>PB</span>	Lamb Bolognese Bake with Garlic Bread	Crispy Golden Dippers with Jacket Wedges <span>PB</span>
<b>Choice 3</b>	Spicy Mixed Bean Chilli with Rice <span>PB</span>	Greek Style Souvlaki Chicken with Rice	Roast Lamb & Yorkshire Pudding with Roast Potatoes	Fruity Flavoured Caribbean Chicken With Rice	Fish Fingers with Jacket Wedges
<b>Vegetable Selection</b>	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
<b>Dessert of the Day</b>	Frozen Yoghurt With Fruit* <span>V</span>	Carrot Cake* <span>SS</span> <span>V</span>	Fruit Smoothie* <span>PB</span> <span>SS</span>	Chocolate Sponge & Chocolate Custard* <span>V</span> <span>SS</span>	Fruit & Ice Cream* <span>V</span>
<b>Daily Options</b>	Salad Bar <span>PB</span> Freshly Baked Bread <span>V</span> Fresh Fruit <span>PB</span> Fruit Yoghurt <span>V</span>				

**WEEK 3**

**Dates:** 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 20<sup>th</sup>, Jan 10<sup>th</sup>, Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar

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AND DISCOVER